

WASHINGTON PSYCHOANALYTIC INSTITUTE

Introduction to Conducting an Analysis
September 26-December 12, 2017, 5:30-6:45pm

Instructors: Marc S. Levine, MD, (202) 265-3456
Yvonne De Cuir, Ph.D., (202) 835-8355

Course Description:

Our nine sessions introduce you to various considerations in recommending analysis, establishing a frame for the treatment, and managing boundaries. Readings, class discussions, and writing assignments contribute to your developing the analytic skills of listening-observing, conceptualizing, intervening, and reporting. Each student will be asked to provide written case material to be discussed in class. Please read the instructions for the writing assignment before the first class.

Class 1, September 26, 2017: Introduction to the Course and Recommending Analysis

[Class Objective: The student will be able to assess a patient for analyzability]

- Ehrlich, L. (2013): Analysis Begins in the Analyst's Mind: Conceptual and Technical Considerations on Recommending Analysis. JAPA 61:1077-1107
- Gann (2000): Making the First Move: A Candidate's Step-by-Step Guide to Recommending Psychoanalysis Journal of Clinical Psychoanalysis, 9:9-19

Class 2, October 3, 2017: Beginning Analysis and Establishing the Frame

[The student will be able to describe how to establish and maintain the frame in psychoanalysis]

- Ross (1999): Once More Onto the Couch: Consciousness and Preconscious Defenses in Psychoanalysis JAPA, 47:91-111
- Dewald, P. and Clark, R. (ed.) 2001. Ethics Case Book of the American Psychoanalytic Association, Ethical Violations vs. Technical Variations, pp. 95-104.

Class 3, October 10, 2017: Managing Boundaries and Self-Disclosure

[The student will be able to describe how to manage boundaries and make informed decisions regarding self-disclosure]

- Shill (2004): Analytic Neutrality, Anonymity, Abstinence, and Elective Self-Disclosure JAPA 52/1, 151-187
- Brody (2013) Entering Night Country: Reflections on Self-Disclosure and Vulnerability, Psychoanalytic Dialogues, 23:45-58
- Renik (1993): Analytic Interaction: Conceptualizing Technique in Light of the Analyst's Irreducible Subjectivity, Psychoanalytic Quarterly, 62:553-571

Class 4, October 17, 2017: Listening

[The student will be able to describe different modes of listening in psychoanalysis]

- Arlow (1995): Stilted Listening [18pp]
- Thompson and Cotlove (2005), *The Therapeutic Process: A Clinical Introduction to Psychodynamic Psychotherapy*, Rowman and Littlefield Publishers, Inc., Chapter 4: Listening
- Pine (2001): Listening and Speaking Psychoanalytically—With What in Mind? *Int. J. Psychoanal.*, 82, 901-916. **OPTIONAL**

Class 5, October 24, 2017: Understanding Transference and Countertransference

[The student will be able to describe the variations of and therapeutic uses of transference and countertransference in psychoanalysis]

- Arlow (2002): Transference as Defense, *JAPA* 50/4, 1139-1150
- Smith (2003): Analysis of Transference: A North American Perspective, *Int J Psychoanal*; 84:1017–1041

Class 6, November 7, 2017: Recognizing Enactments

[The student will be able to recognize and deal with enactments in psychoanalysis]

- Jacobs (1986). On Countertransference Enactments, *Journal of the American Psychoanalytic Association*, 34:289-307
- Chused (2003). The Role of Enactments, *Psychoanalytic Dialogues*, 13(5):677-687

Class 7, November 14, 2017: Using Theory to Inform Technique

[The student will be able to describe the interactions of theory and technique in psychoanalysis]

- Tuckett (2011): Inside and Outside the Window: Some Fundamental Elements in the Theory of Psychoanalytic Technique, *Int J Psychoanal*; 92:1367–1390
- Pine (1998): *Clinical Considerations Regarding Interpretation in the Four Psychologies, from Diversity and Direction in Psychoanalytic Technique*, Other Press
- WPI supervisors' evaluation form 1
- WPI supervisors' evaluation form 2
- Tuckett (2005): Towards a Framework for the More Transparent Assessment of Psychoanalytic Competence, *Int J Psychoanal*;86:31–49 **OPTIONAL**

November 21 and 28: NO CLASS

Class 8, December 5, 2017: Working Through and Ending Analysis

[The student will be able to explain how to manage the termination phase of a psychoanalysis]

- Gabbard (2009): What is a 'Good Enough' Termination?, *JAPA*, 57/3, 575-94
- Bass (2009): "It Ain't Over 'til It's Over": Infinite Conversations, Imperfect Endings, and the Elusive Nature of Termination, *Psychoanalytic Dialogues*, 19:744–759

Class 9, December 12, 2017: Forming an Analytic Identity

[The student will be able to describe the various contributions to the formation of one's analytic identity]

- Smith (2001): Hearing Voices: The Fate of the Analyst's Identifications, JAPA49/3, 781-812
- Ehrlich (2003): Being a Candidate: Its Impact on Analytic Process, JAPA 51/1, 177-200
- Gabbard and Ogden (2009): On Becoming a Psychoanalyst, Int J Psychoanal 90:311-327 -

OPTIONAL